

### Camp Location . . .

Tourtellotte Memorial High School  
785 Riverside Drive  
North Grosvenordale, CT 06225



### Camp Sponsored By . . .

Thompson Recreation Commission  
P.O. Box 899  
North Grosvenordale, CT 06255  
860-923-9440

### For Additional Information Call . . .

508-943-8959 or 860-923-9440

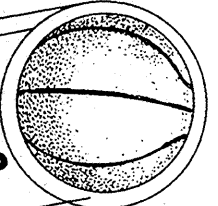
### TWO WEEK CAMP SPECIAL OFFER

Available to all campers wishing to attend both the Tourtellotte Instructional Basketball Camp in Thompson, CT July 6 - 10, 2009 **PLUS** the Central Hoop Clinic at Nichols College in Dudley, MA July 20 - July 23, 2009. The Central Hoop Clinic fee shall be reduced to **\$100.00** for that camper.

LIMITED ENROLLMENT • ENROLL EARLY

### 7TH ANNUAL

## TOURTELLOTTE INSTRUCTIONAL BASKETBALL CAMP



Sponsored by the  
Thompson Recreation Commission

Monday, July 6

thru

Friday, July 10, 2009

Boys and Girls • Ages 7 - 17

At

TOURTELLOTTE MEMORIAL HIGH SCHOOL

785 Riverside Drive • North Grosvenordale, CT

### REGISTRATION - 2009 TOURTELLOTTE INSTRUCTIONAL BASKETBALL CAMP

Male: \_\_\_\_\_ Female: \_\_\_\_\_ Youth L - Adult Shirt (S, M, L, XL, 2XL): \_\_\_\_\_ Division Requested: NCAA (Ages 7-11) \_\_\_\_\_ NBA (Ages 11-17) \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Height: \_\_\_\_\_ Year at Tourtellotte Camp: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

School (next yr.): \_\_\_\_\_ Grade (Entering): \_\_\_\_\_ E-mail: \_\_\_\_\_

Parent(s) Names: \_\_\_\_\_ Parent(s) Cell Number: \_\_\_\_\_ Parent(s) Fax Number: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Does your child use an inhaler or epi-pen? \_\_\_\_\_ Yes \_\_\_\_\_ No (If your child has a prescribed epi-pen or inhaler, there must be one available at the program and additional form(s) must be completed. Forms available at Thompson Recreational office or [www.thompsonrec.org](http://www.thompsonrec.org))

Will your child need to take medication during program hours? \_\_\_\_\_ Yes \_\_\_\_\_ No (If yes, medication must be provided to the program and additional form(s) must be completed.)

Does your child have any medical needs/conditions that the staff should be aware of? \_\_\_\_\_ If yes, please explain \_\_\_\_\_

Payment Enclosed: \$ \_\_\_\_\_ Cash \_\_\_\_\_ Check #: \_\_\_\_\_ Applying for Financial Assistance \_\_\_\_\_ (Thompson residents only)

**Note:** Financial Assistance is available to Thompson residents for this program. Guidelines and applications are available at [www.thompsonrec.org](http://www.thompsonrec.org) or stop by the Recreation office. The Financial Assistance Application must be sent in with the registration form.

**\$125.00 Individual Fee** - For Thompson Resident

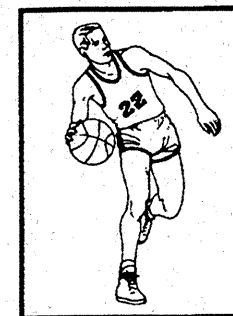
**\$140.00 Individual Fee** - Non-Thompson Residents

Applications taken until **July 3rd ONLY**

Send check payable to: TRC  
c/o Thompson Recreational Commission  
P.O. Box 899, North Grosvenordale, CT 06255

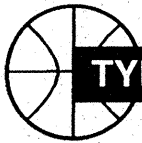
I, the parent of the above son/daughter give my approval to participate in the Tourtellotte Instructional Basketball Camp and all its activities. I do assume all risks and hazards related to participation including transportation to and from the camp. I hereby waive, release, absolve, indemnify and agree to hold harmless the Town of Thompson, all involved with the Thompson School Department, Thompson Recreation Commission, Camp Directors and Staff, other participants and persons transporting my son/daughter to the camp, for any claim resulting from any athletic, dental or bodily injury that may occur to my son/daughter while attending the camp. I also grant my permission for emergency medical care if I am not available. I understand there is a \$20 fee for checks returned by the bank. I understand there are no refunds for missed classes. Photos of my child may be used for promotional purposes.

Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_



**Don Cushing, Co-Director**  
Former Bartlett H.S. and  
Nichols College Coach for 35 Years  
Present Worcester State Coach

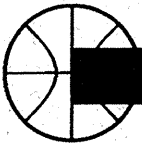
**Gary Donahue, Co-Director**  
Former College Coach At  
WPI and Nichols For 21 Years



## TYPICAL DAILY SCHEDULE



- 8:15 Camp Doors Open
- 8:15 - 8:55 Individual Warmup
- 8:55 - 9:25 Camp Meeting & Stretching
- 9:30 - 10:00 First Station
- 10:05 - 10:35 Second Station
- 10:40 - 10:55 Team Practice Session
- 10:55 - 11:40 5-on-5 Full Court Game
- 11:40 - 12:20 Lunch (Pack a bag - soda sold)
- Free Throw Competition
- 1-on-1 Competition
- 2-on-2 Competition
- 12:20 - 12:40 Coaches Special of the Day
- 12:40 - 1:00 Hot Shot Competition
- 1:05 - 1:35 Third Station
- 1:40 - 2:10 Fourth Station
- 2:15 - 3:00 5 on 5 Full Court Game
- 3:05 Camp Day Ends
- 3:30 Camp Doors Close



## CAMP PHILOSOPHY

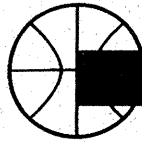


The Tourtellotte Basketball Camp is a week day co-educational experience held at Tourtellotte Memorial High School.

Our emphasis is on developing the skills in the Elementary, Middle and High School player thru grade 11. The program is also designed to teach fundamentals in the sport of basketball in a non-competitive learning environment.

Players will be grouped according to age and ability for both instructional group sessions and game competition.

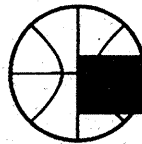
All campers will receive instructional handouts to further aid their self improvement.



## CAMP OBJECTIVES



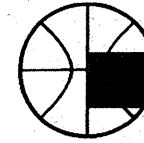
- ★ To teach and develop individual offensive and defensive skills.
- ★ To give each camper individual attention.
- ★ To promote correct basketball techniques thru an enjoyable and educational environment.
- ★ To provide local athletes with a quality team sport learning experience at a low cost expense.
- ★ To expose youngsters to a camp atmosphere which instills a fundamental knowledge of the game of basketball.



## SPECIAL FEATURES



- ★ 3 Indoor Full Sized Basketball Courts
- ★ 18 Regulation Baskets Available for Instruction
- ★ Excellent Coaching Staff (college and high school)
- ★ Individual and Team Contests
- ★ Individual Instruction (1 coach to 10 athletes)
- ★ Camper Evaluation Report
- ★ Receive a Camp Shirt
- ★ Highlight and Instructional Films
- ★ Individual Awards



## CAMP PROGRAM



Campers divided into 2 Divisions by:

Age • Grade • Ability

★ NCAA - (Ages 7-11)

★ NBA - (Ages 11-17)

Each camper will play two games daily.

Campers will attend four stations daily.

★ Defense

★ Individual Offense, Shooting

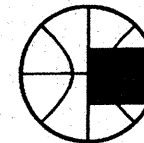
★ Rebounding / Fast Break

★ Fundamentals

*(Ball Handling, Dribbling, Passing)*

1-on-1 and 2-on-2; fundamentals involving all campers.

Foul shooting and Hot Shot shooting charted on a daily basis.



## AWARDS



- ★ Camper of the Week\*
- ★ Most Improved Player\*
- ★ Most Hustle\*
- ★ 2-on-2 Champion\*
- ★ 1-on-1 Champion\*
- ★ Hot Shot Champion\*
- ★ Best Free Throw Shooter\*

Both Divisions to Receive Awards

\*Denotes to Both Boys and Girls Recipients